

Ladies' League Events

Don't miss the activities planned for our women golfers

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Club Pro Tips

Improve your game with this month's golf tip

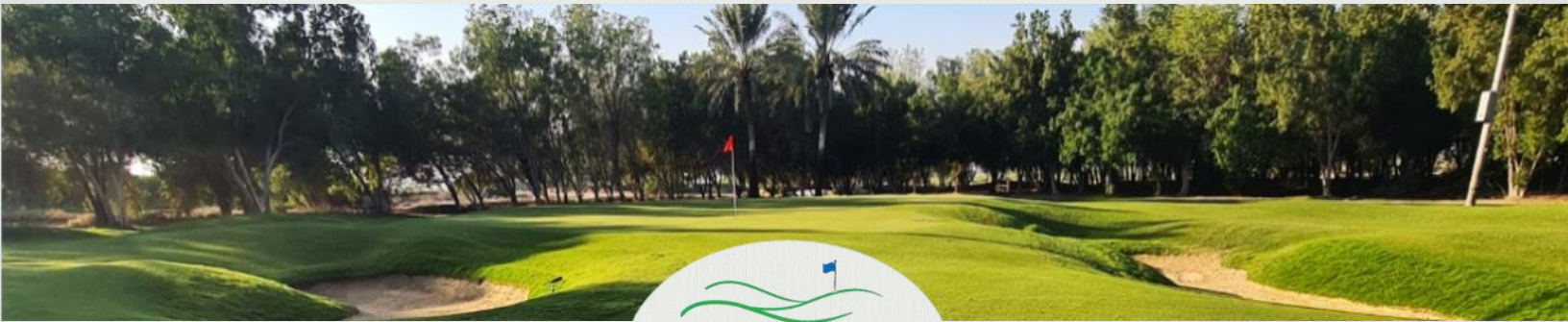
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Monthly Medal Results

See the winners from the February medal

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MARCH 2023
Volume 8, Issue 3



ROLLING HILLS GOLF CLUB



DHAHRAN, SAUDI ARABIA

PRESIDENT'S MESSAGE

March is Ryder Cup month. The Ryder Cup is RHGC's biggest and most anticipated tournaments each year. The new USA-Canada VS ROW competition this year looks to make the competition very close.

March also has RHGC's second social golf event of the year. Anyone who has never golfed on a pitch black course using glow-in-the-dark golf balls is in for a treat. Plus, add in some great food and you have one really good time. Please see page 3 for more information.

I have received several emails regarding the Community Championship. Please remember that this tournament is not an RHGC tournament. It is organized and run by the Community Championship Committee. RHGC was not part of the planning and organization. All questions regarding this event should be emailed to: [Community Championship Committee](#).

As the holy month of Ramadan approaches, I am very happy to announce that the course will be open an hour later during Ramadan to allow RHGC's Muslim members a greater opportunity to golf after sunset.

See you on the course,
Bruce Waldner, RHGC President





Monthly Medal

MARCH 11

Register now at golfgenius.com



Ladies are invited on March 7 & 11.
Email rhgcladiesdirector@gmail.com for details.



27th Annual Golf Tournament

AmCham Saudi Arabia & AMEX Saudi Arabia

RHGC members are invited by the US Business Sports Committee to the following event on March 9 & 10 at Dirab Golf & Country Club in Riyadh:

The American Chamber of Commerce Saudi Arabia and American Express Saudi Arabia are proud to invite you to the 27th Annual Golf Tournament on March 9 and 10, 2023. The events will be hosted at the Dirab Golf & Country Club and the U.S. Embassy in Riyadh, Saudi Arabia.

Golf Tournament Ticket March 9 + Ceremony March 10

Includes: 18 holes of four-ball Texas scramble golf, cart fee, door prizes, lunch, refreshments on March 9 & Awards Ceremony on March 10

\$220

Golf Tournament Ticket March 10 + Ceremony March 10

Includes: 18 holes of four-ball Texas scramble golf, cart fee, door prizes, lunch, refreshments & Awards Ceremony on March 10

\$220

Spectator Ticket + Awards Ceremony Banquet Ticket

Includes access to Dirab as a spectator, on-course activities, breakfast at Dirab on March 9 and 10 & Awards ceremony on March 10

\$95

For details, visit the [event webpage](#) or contact Shohreh Shadmand, Sports Committee Program Director at sports@amchamksa.com



Hope you each had a great February and long weekend. Please come out to our March events and enjoy the weather before it starts getting hot. We had a lovely Morning Scramble on Valentine's Day - thank you to those who hosted and brought something to share.

*Cheers -
Angela Farley
Ladies' League Director*



**Tues AM Skills
at 9am**



**Sat AM Skills
at 9am**



**Morning
Scramble &
Social**



**LL Monthly
Medal**



**Nine & Dine
at 5pm**

MARCH 16, 2023

MARCH GOLF NIGHT

Join the festive fun with a 9-hole, four person scramble, glow-in-the-dark golf balls, dinner, and prizes. You don't have to golf well to win - themed attire and decorated carts are encouraged! Cost is 75 SAR per person, payable at the ProShop. Limited to first 96 players.

Register on Golf Genius here.

FROM THE Club Pro

Stuart Hurstfield, P.G.A. Member

Simple Tips To Better Golf Posture

Good posture and spinal angle is essential in maintaining balance, as it affects rotation and swing plane. A golfer's posture is determined by body type and the club being used.

To find your ideal posture:

- Stand up straight, feet shoulder width apart and hold the club out
- Bend from the waist, until the club head touches the ground
- Soften the knees, weight should favor the balls of the feet
- The degree of tilt and distance from the ball is determined by the length of club
- Spinal angle is roughly 35 degrees, arms hang vertically so the hands measure a fist from the left thigh.



This position is athletic and ready, thus promoting an effective golf swing.

Upcoming Activities

LADIES ROLL UP CLASS

Every Thursday, ladies are invited to join Thursday morning group sessions from 9 - 10 am for beginner and intermediate golfers. All equipment is supplied and instruction covers all the skills to get one out on the course! The cost is 90 SAR per person, per class and sign-up is at the ProShop.

GOLF IN A WEEK

The next Golf in a Week class starts on **Sunday, March 26**. Classes are from 7 - 8 pm and run for five consecutive days. These group sessions are ideal for beginner and intermediate golfers and covers all aspects of the game: safety, rules, etiquette, and swing technique. All equipment and range balls are supplied. The cost is 600 SAR. Sign up at the ProShop.

JUNIOR TOUR SCHOOL

The Junior Tour School commences on **Sunday, March 5** for ages 8+. It will run Sun - Thu from 6-7 pm. The classes cover rules, etiquette, and golf swing mechanics in a group setting. All equipment and range balls are supplied. The cost is 400 SAR. To register, please visit the ProShop.

INDIVIDUAL LESSONS

Individual lessons incorporating GASP video analysis can be taken at times convenient to suit your schedule. Junior pricing is 30 minutes/150 SAR and Adults is 50 minutes/200 SAR. Register at stuarthurstfield@gmail.com or WhatsApp +44 775 337 1547.

Golf club repairs and re-gripping service available. Contact Stuart for details.

GOLF STATISTIC: DRIVES OVER 275 YARDS



Percentage of driver shots hit 275 yards or longer:

- Scratch - 18%
- 5 index - 13%
- 10 index - 6%
- 15 index - 3%
- 20 index - 2%

The data on [how far golfers hit their drives](#) shows that lower handicappers hit the ball longer off the tee on average and these numbers offer up some fascinating insight. If you play off of 20 and drive it over 275 yards, you're doing very well!

FROM THE ARCHIVES

The Rolling Hills Golf Course, 1969



UPDATE TO LOCAL RULES AT RHGC

Defined Hazard Areas

You will have noticed that the yellow stakes that previously defined the hazard areas at holes 3, 4, 12, 13, 15 and 16 have been removed. Therefore these areas are no longer defined penalty areas meaning Rule 17 no longer applies. In addition, it is important to note that any pathways or bridges in these areas are now defined as immovable obstructions where Rule 16 now applies.

New Out Of Bounds (OB) on Hole 12

A new Out of Bounds area has been introduced to the right of Hole 12. It will be clearly defined by a white line to the right side of the pathway from the 12th tee box to the pathway beyond the green. Players whose ball comes to rest in the area must apply Rule 18 for Out of Bounds.

Other Local Rules Updates

- Update to list of Immoveable Obstructions to include bridges not in defined penalty areas and the fence surrounding the OB area to the right of hole 1
- Update to restrictions on Motorized and Pull Golf carts
- Insertion of links to official USGA golf rules

See updates to all the local rules:

[Local Rules - UPDATED February 28, 2023 | RHGC \(arbiangolf.net\)](#)



DID YOU KNOW?

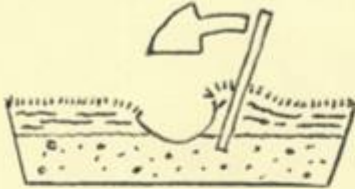
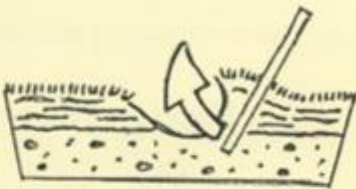
The average number of ball marks made on greens per round is 8 per golfer. Assuming only 130 rounds are played each day on average on a course, greens receive 1,040, impressions daily which means 31,000 per month or more than 374,400 per year.

At Rolling Hills, we play up to 123 rounds per day. Are you wondering how to make a putt under these conditions or recently said to yourself, “How did that putt miss?”.

REPAIR YOUR PITCHMARKS

When correctly repaired, a pitchmark will recover in 24 hours.
However, if left unrepaired for two hours or incorrectly repaired,
it can take as long as two months to recover.
Unrepaired pitchmarks are also breeding grounds for disease and infections.

PLEASE REPAIR YOUR PITCHMARKS.

Correct Method	Incorrect Method
	
<ol style="list-style-type: none"> 1. Insert repair tool just outside the back of the pitchmark. 2. Pull the turf toward the centre of the mark. 3. Repeat on remaining sides 4. Gently tap required area with putter 	<ol style="list-style-type: none"> 1. Do NOT pry up the centre of the depression as it exposes the soil and delays recovery. 2. Do NOT insert repair tool and twist it as this breaks more turf loose.
<p>This action replaces undamaged turf over the pitchmark providing immediate recovery</p>	<p>Correct repair takes only 15-20 seconds, whilst incorrect repair takes over three weeks to heal!</p>

FEBRUARY MONTHLY MEDAL RESULTS

February 11, 2023



Flighted Winners

A Flight

Place	Flight	Name	Total
1	A	Bedford, David	70
2	A	De Jong, Gertjan	70
3	A	Kim, Soonhae	73

B Flight

Place	Flight	Name	Total
1	B	Mun, Sang Jin	72
2	B	Aknyose, Segun	75
3	B	Ba Im, Ahmad	76

C Flight

Place	Flight	Name	Total
1	C	Iyagoro, Odili	68
2	C	Suryantara, Handy	69
3	C	Romli, Gunawan	71

D Flight

Place	Flight	Name	Total
1	D	Abdul Razak, Mokhtarudin	67
2	D	Chun, Soyoung	72
3	D	Lim, Do	73

E Flight

Place	Flight	Name	Total
1	E	Hong, Sunmyoung	65
2	E	Ali, Razally	66
3	E	Aritonang, Ida	70

Closest to the Pin

Hole	Winner	Distance
4	Mun, Sang Jin	17' 2"
8	Lee, Sungun	6' 1"
11	Masoud, Rodney	3' 9"
14	Ahn, YoungKyoung	8' 2"

See full results [here](#)

----- FEB 9 -----

Valentine's Social Event

